



## Person Specification

<b>Position:</b>	Mental Health Recover Worker
<b>Location:</b>	Trevayler, Derby
<b>Reports to:</b>	The Project Manager

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*Experience should be comprehensively outlined as part of the supporting statement.*

### Essential

A Mental Health Recovery Worker must demonstrate the ability and willingness to undertake the following:

- Maintain a professional approach at work at all times
- Remain calm in challenging/stressful situations
- Communicate clearly - verbally and in writing
- Approach challenging situations or people in an assertive but non-aggressive manner
- Participate in all aspects of the running of the project
- Be objective when analyzing a person or situation
- Teach/facilitate life and social skills in an appropriate manner
- Be creative in finding solutions to unfamiliar situations
- Work on a shift basis as required

Applicants must demonstrate an interest in this client group through their personal statement, and that they are willing to:

- Learn new skills
- Be flexible in their approach
- Transfer prior knowledge to this new environment

### Desirable

Although not essential, prior experience of the following are desirable:

- Working with service users with mental health problems
- Community based work
- Teaching or coaching skills
- Keyworking and/or care planning
- Relevant qualification